

# FAST Facts

## National Crime Prevention and Indigenous Policing Services



\* TO REGISTER OR ACCESS MORE INFORMATION, PLEASE CLICK ON THE [BLUE AND UNDERLINED SECTIONS](#) THROUGHOUT THIS DOCUMENT\*

## National Youth Services What's Happening?

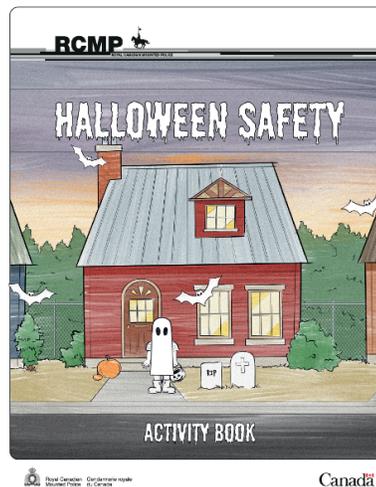


### Happy (almost) Halloween!

Halloween Activity Booklets are now available from National Youth Services in time for Halloween!

The Halloween Safety Activity Book is youth-friendly, interactive, and informative. It covers safety tips related to pumpkin carving, costumes, trick-or-treating, and more. It includes colouring and drawing activities, checklists, and a maze, among other fun and interactive elements.

To order copies, please email [CYCP CPCJ@rcmp-grc.gc.ca](mailto:CYCP_CPCJ@rcmp-grc.gc.ca).



## Resource: [Building a Relationship with Yourself](#)

Loving yourself can sometimes be challenging, but it is important. In this [article](#), you can find tips on things you can do to take care of yourself and how to become your own best friend.

## Newsletter Highlights

- NATIONAL YOUTH SERVICES - WHAT'S HAPPENING?
- RESOURCE: BUILDING A RELATIONSHIP WITH YOURSELF
- REMINDER: RCMPTALKS
- IN FOCUS: WORLD MENTAL HEALTH DAY
- IN THE NEWS: TOP 10 THREATS TO KIDS
- LEARNING OPPORTUNITY: UPCOMING WEBINARS
- RESOURCE: CYBERTIPS
- IN FOCUS: KITIGAN ZIBI CANOE TRIP
- IN FOCUS: ONE SPIRIT UNITY RUN
- IMPORTANT DATES AND SUPPORT SERVICES



# Reminder: RCMP Talks

NYS is seeking interest from classrooms across Canada to participate in a unique and innovative initiative to encourage youth to talk about youth crime and victimization topics. [RCMPTalks](#) is a series of interactive videoconferences to discuss these social issues.

The RCMPTalks schedule is as follows:

- 1) October 25th, 2023: Online Safety for Parents with [C3P](#) (in English)
- 2) November 21st, 2023: Bullying and Cyberbullying with [Bullying Canada](#)
- 3) December 13th, 2023: Online Safety for Youth with [The White Hatter](#)
- 4) January 17th, 2024: Mental Health with [YNRA](#)
- 5) February 27th, 2024: Online Safety for Parents with [C3P](#) (in French)
- 6) March 14th, 2024: 2SLGBTQIA+ Diversity & Inclusion with [RCMP's Sgt. Knock](#)



RCMP employees, school educators, or other youth-facing professionals interested in joining can contact [RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca](mailto:RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca) to register.

Please specify for which topic you are registering.

## In Focus: World Mental Health Day



Mental health challenges are extremely prevalent and often misunderstood. From switching between virtual and in-person school and work spaces to climate-related anxieties, nation-wide protests, and other novel situations, Canadians face numerous mental health stressors. [World Mental Health Day](#) facilitates mental health awareness and care as a global priority. We encourage you to take time for yourself on this day and take this opportunity to learn more about mental health [support and resources](#).



# In the News: New Report Reveals Top 10 Threats to Kids in Canada

According to Children First Canada, Canada currently ranks 81st out of 193 countries on the Global Kids Rights Index, down significantly from the 48th spot in 2022.

In an attempt to make life better for kids, child experts and advocates are calling for immediate action to enact policies and invest in proven solutions.

## **Threat 1: Unintentional and Preventable Injuries**

- Unintentional injuries are the leading cause of death for children ages 1 to 14.

## **Threat 2: Poor Mental Health**

- It was reported that 51% of youth ages 12 to 18 experienced depression and 39% experienced anxiety during the pandemic.

## **Threat 3: Violence Against Children and Youth**

- 60% of Canadians reported experiencing some form of child abuse before the age of 15.
- Internet luring of children has increased by 815% in the last 5 years.

## **Threat 4: Vaccine-preventable Illnesses**

- Vaccination coverage for all vaccinations for 2-, 7-, and 14-year-olds remains below the 95% coverage standard to prevent outbreaks.

## **Threat 5: Systemic Racism and Discrimination**

- The disproportionate overrepresentation of Indigenous children in the child welfare system is still a major concern, and there was a 286% increase in reports of racist and discriminatory actions against Asian children in 2021 compared with data from 2020.

## **Threat 6: Poverty**

- Child poverty rates have increased sharply and approximately 1.8 million children were affected by food insecurity in 2022, up from 1.4 million in the previous year.

## **Threat 7: Infant Mortality**

- Canada's infant mortality rate has been continuously high compared to other OECD countries.

## **Threat 8: Bullying**

- In Canada, approximately 7 in 10 youth between the ages of 15 to 17 experience bullying.



### Threat 9: Limited Physical Activity and Play

- Only 2.3% of youth meet the 24-hour movement guidelines.

### Threat 10: Climate Change

- Half of Canadian youth (48%) aged 16 to 25 expressed feeling high levels of anxiety about air pollution and climate change, while three-quarters (73%) expressed fear for their future.
- There have been multiple reports of child deaths due to extreme weather and pollution associated with climate change, and in the summer of 2023 alone thousands of children have been displaced or had their lives disrupted due to wildfires and poor air quality.
- It is estimated that 15,300 Canadians die prematurely each year due to exposure to air pollution.

## Learning Opportunity: Upcoming Webinars



Webinars co-hosted by the [Learning Network](#) and [Knowledge Hub](#) feature speakers sharing their expertise on trauma- and violence-informed practice and gender-based violence to enhance support for survivors and contribute to violence prevention.

October 17, 2023 from 1:00 to 2:30 pm ET

- The Origins of the #MeToo Movement presented by Kharoll-Ann Souffrant.

November 14, 2023 from 1:00 to 2:30 pm ET

- Technology-Facilitated Gender-Based Violence Among Teens: Closing the Gap in Canadian Knowledge & Resources presented by Alexa Dodge, Christopher Dietzel, Suzie Dunn, and Kaitlynn Mendes.

December 12, 2023 from 1:00 to 2:30 pm ET

- Sizing Up Gender-Based Violence Services: Identifying and Dismantling Weight-Based Discrimination, presented by Allison Taylor and Ramanpreet Annie Bahra.
- Click [here](#) to register for these webinars.



## In Focus: Kitigan Zibi Canoe Trip

- On September 18th, NYS had the opportunity to join students from the Kikinamadinan school, the Kitigan Zibi police nautical teams, the Sûreté du Québec, and the RCMP on a four-hour canoe trip down the Desert River, which connects the community of Kitigan Zibi to the town of Maniwaki.
- There were approximately 75 participants spread out in thirty canoes and ten kayaks.
- It was a successful event organized by **Cst. Mathieu Leduc** from C Division (Quebec). It gave students the opportunity to connect with nature and their culture while travelling the same river route as their ancestors, as well as to build positive relationships with police officers.
- The youth exhibited skills such as navigation, teamwork, cleaning detritus to protect the environment, and physical and psychological perseverance.



## Resource: Cyber Security Awareness month

October is the Cyber Security Month. It is an internally recognized campaign held to help the public learn more about the importance of cyber security and help Canadians stay safe online.

The National Cybercrime Coordination Centre (NC3) specializes in fighting cybercrime through a coordinated approach. The NC3 is a National Police Service that serves all Canadian police agencies and cybercrime partners. The NC3 is working with law enforcement partners to help tackle cybercrime in Canada. Their services will continue to grow over the coming years and reach full operating capability in 2024. For more information: [The National Cybercrime Coordination Centre \(NC3\)](#) | [Royal Canadian Mounted Police \(rcmp-grc.gc.ca\)](#).

### INTERNATIONAL CYBER OFFENDER PREVENTION

The National Cybercrime Coordination Centre (NC3) recently joined the International Cybercrime Offender Prevention (InterCOP) Network, which includes international law enforcement partners, and focuses on ways to divert and prevent individuals from committing cybercrimes.

InterCOP strategies include the police use of social media platforms for educational and outreach purposes, among other tactics. InterCOP is a network of 27 countries led by the Netherlands. Follow the project on Facebook and Twitter! #CyberPrevent

[FACEBOOK](#) | [TWITTER](#)



ROYAL CANADIAN MOUNTED POLICE



@RCMPGRCPOLICE



ROYAL CANADIAN MOUNTED POLICE



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# RESOURCE: PEDIATRIC CANNABIS POISONING STAKEHOLDER TOOLKIT

Recent research has shown that children are being hospitalized due to accidental cannabis poisoning. Edible forms of cannabis are appealing to toddlers because they resemble common treats such as cookies and candies.

In an attempt to spread awareness and keep children safe, the Canadian Centre on Substance Use and Addiction (CCSA) is launching a public education campaign through their social media platforms.

The toolkit contains a list of key facts, social media graphics, and messaging to convey the importance of keeping cannabis edibles safely stored and out of reach of children in the same way that we do for other dangerous household items.

To learn more about CCSA's cannabis public education, visit their [website](#). If you have any questions, please email [cannabis@ccsa.ca](mailto:cannabis@ccsa.ca).



A vertical social media graphic with a blue-to-green gradient background. On the left, there is an illustration of a metal wire mesh gate. Below it, the text reads "You take every precaution to keep your children safe." On the right, there is a bowl of chocolate chip cookies with a small red THC logo below it. Below the cookies, the text reads "Why treat edibles differently?". At the bottom right is the logo for the Canadian Centre on Substance Use and Addiction.

You take every precaution to keep your children safe.

Why treat edibles differently?

Canadian Centre on Substance Use and Addiction



A vertical social media graphic with an orange-to-pink gradient background. On the left, there is an illustration of a pill bottle containing yellow capsules. Below it, the text reads "You keep this away from kids." On the right, there is a red gummy bear with a small red THC logo below it. Below the bear, the text reads "Why treat edibles differently?". At the bottom right is the logo for the Canadian Centre on Substance Use and Addiction.

You keep this away from kids.

Why treat edibles differently?

Canadian Centre on Substance Use and Addiction



# In the News: Kids overdosing is a public health emergency

- A new survey says an alarming number of kids age 12 and older have been treated for drug overdoses in Canada.
- According to the Canadian Paediatric Surveillance Program, the most commonly reported causes of severe or life-threatening overdoses are stimulants, followed by sedatives and opioids.
- The report says drug overdoses are a public health emergency.
- It also says that in Western Canada, the leading cause of death in children and teens between 10 and 18 years old is fatal overdoses.

## Special Dates

\*Please note that these dates are not exhaustive and do not encompass all of the upcoming dates that merit recognition. \*

- October: [30th Anniversary Women's History Month](#)
- October 1: [National Seniors Day](#)
- October 2: [International Day of Non-Violence](#)
- October 9: [Thanksgiving](#)
- October 10: [World Mental Health Day](#)
- October 11: [International Day of the Girl Child](#)
- October 18: [Persons Day](#)
- October 26: [Intersex Awareness Day](#)
- October 31: [Halloween](#)

## Support Services

- [KidsHelp Phone](#) – 1-800-668-6868 or Text – 686868
- [Indigenous Help Line](#) Call or Text: 1-855-554-4325
- [Black Youth Helpline](#) – 1-833-294-8650
- [Hope for Wellness Helpline](#) – 1-855-242-3310 or use their chat function
- [Indian Residential Schools Resolution Health Support Program](#) – 1-866-925-4419
- [Trans Lifeline](#) – 1-877-330-6366
- [Sexual Abuse Crisis Text Line](#) – Text HOME to 741741
- [Canadian Human Trafficking Hotline](#) 1-833-900-1010

**RCMP Centre for Youth  
Crime Prevention**

