

Healthy Living Community Update



Communities Making a Difference: Learning from Each Other

Healthy Living, in collaboration with communities throughout Southern Health–Santé Sud, hosted our inaugural virtual Share & Learn Conference on May 9th, titled ‘Communities Making a Difference: Learning from Each Other’.

The goal was to showcase the incredible work that community groups are doing to improve the health and well-being of their residents, and to broaden knowledge around health promotion and health equity. Projects that received Healthy Together Now funding through Southern Health–Santé Sud were invited to share their stories with other community groups and organizations to inspire ideas, share successes and other valuable learnings.

The conference began with a welcome from CEO Jane Curtis, followed by an opening prayer by Darryl Taylor, Knowledge Holder. The keynote by Dr. Chúk Odenigbo outlined the diverse ways communities have historically understood and perceived health while unpacking the impact of colonization on unjust health differences.

The highlight of the conference was hearing from five featured community presenters sharing the impact of their projects on health equity in their communities. Stories that were highlighted at this Conference were among hundreds funded across Southern Health–Santé Sud. Participants had a chance to engage with presenters in small breakout groups which provided an opportunity for Q&A, exchanging ideas and problem solving together. We are grateful to work alongside community leaders who are dedicated to making their communities healthy and inclusive places.

Hosting the conference virtually allowed for accessible attendance across Southern Health–Santé Sud. Survey results showed 100% of respondents rated the conference good or excellent. Comments included that people enjoyed “nuggets of insight and learning points” shared by presenters, and Dr. Chúk Odenigbo said “there was good energy in the virtual space”.

Thank you to all our presenters and participants who made this possible!

Truth and Reconciliation Week: September 23rd-27th

Truth and Reconciliation Week 2024 (September 23rd-27th) is a transformative five-day journey for the broader community, educators and students (grades 1-12) to engage with the poignant history and enduring spirit of First Nations, Inuit, and Métis peoples.

The National Centre for Truth and Reconciliation invites you to join their daily Lunch and Learn webinars – an immersive experience to UN-learn the myths of colonial history in Canada. These 50-minute sessions will begin at 12:00pm CDT each day. All sessions are free, open to the public, and will have simultaneous English-French and ASL interpretation.

Explore interactive workshops, witness the profound “Mino-pimatisiwin – The Good Life” youth empowerment gathering (September 18th in Winnipeg), engage in meaningful dialogues, and contribute to our collective path toward reconciliation.



Recreation MB: Guide to Programs and Resources

Recreation Manitoba has updated their Guide to Programs and Resources!

Inside you will find tips to write effective grant applications and funding proposals, as well as a compilation of grant opportunities available to communities and organizations.



Click here for more information and to download the Guide!

Volunteer MB: Professional Development Subsidy for Non-Profits

Volunteer Manitoba is thrilled to announce the launch of their subsidy program! This initiative aims to support individuals and organizations in the non-profit sector by providing financial assistance for training programs.

The program will boost skills, remove barriers to professional development opportunities available to non-profits, and enhance impact in communities across the province!

Who can apply?

- Non-profits and charitable organizations
- Organizations with an annual operating budget under \$1,000,000
- Organizations operating within Manitoba

Subsidy Amount: The subsidy will cover up to 75% of the training requested.

What is eligible: Anything listed on Volunteer Manitoba's current [Training Calendar!](#)

One application per organization, per intake period.

- **FALL INTAKE DEADLINE: September 15**
- **WINTER INTAKE DEADLINE: January 15**

